



SHRI VRINDAVANI FOUNDATION

• Heritage • Community • Environment

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Holi In Braj

Happy Holi Hare Krishna



Braj bhoomi encompasses the region of Mathura, Vrindavan, Gokul, Phalen, Nandgaon and Barsana, all of those having played an important role in Hindu mythology, where Lord Krishna spent his childhood. Amorous songs, devotional and religious fervor and sprinkled colors present a delightful scene. There are slight differences in the ways these places celebrate Holi.

At Barsana, the 'lathmaar holi' is famous. The men of Nandgao known as 'gops' raid Barsana and try to mark their victory over the temple of Radhika by furling flag over it while the women of Barsana try to fend them off with long bamboo sticks. The men are well padded because they cannot retaliate to the women and can only try to keep them off by sprinkling colored water on them. In case they get trapped. They are dressed as a lady in a sari and cosmetics are applied and they are made to dance like a lady. It is said that even lord Krishna was made to dance like this by the 'gops' of Barsana. Next day, the same scene is repeated in Nandagao as men of Barsana raid the village to win over temple of Shriji and women of Nandgao beat them with sticks to keep them off. Holi songs known as 'Hori are sung by the men and women and are mostly based on the dialogues exchanges between Krishna and Radhika.

With Best Compliment
Tej Pratap Yadav
(Founder & President)